



Salads and Sandwiches

Garden Salad

Fresh Salad Blend topped with Cucumbers, Tomatoes, Onions, Peppers, Shredded Carrots, Diced Eggs, and Cheese, then topped with Croutons.

7 Individual | 40 Platter

Summer Spinach Salad

Baby Spinach Leaves topped with Crumbled Gorgonzola, Strawberries, Mandarin Oranges, Sliced Almonds, and Red Onions.

9.5 Individual | 58 Platter

Spinach Salad

Baby Spinach Leaves topped with Mushrooms, Bacon, Parmesan Cheese, Tomatoes, Cucumbers, and Eggs.

8.5 Individual | 48 Platter

Fresco's Summer Salad

A blend of Fresh Greens topped with Cran-raisins, Mandarin Oranges, Candied Pecans, Cucumbers, and Tomatoes, and Red Onions.

9.5 Individual | 58 Platter

Caesar Salad

Fresh Chopped Romaine Lettuce dressed with our House-made Caesar Dressing, Parmesan Cheese, and Croutons.

7 Individual | 40 Platter

Greek

Fresh Greens topped with Cucumbers, Tomatoes, Eggs, Beets, Kalamata Olives, Feta Crumbles, Red Onions, and House Potato salad.

8 Individual | 54 Platter

Ahi Tuna Nicoise

Seared Ahi served over Baby Greens with Asparagus, Quartered New Potatoes, Hard-boiled Eggs, Tomatoes, and Marinated Olives.

13 Individual | 80 Platter

Cobb

Fresh Greens topped with Cucumbers, Tomatoes, Eggs, Cheese, Bacon, and Grilled Chicken Breast. Avocado upon request.

10 Individual | 60 Platter

Southwest Chicken

Fresh Greens topped with Cucumbers, Tomatoes, Eggs, House Corn-and-Black-Bean Salsa, Cheese, and Grilled Blackened Chicken.

10 Individual | 60 Platter

Pepper Crusted Roast Beef

With Lettuce, Tomatoes, Horseradish Sauce on Ciabatta Bread. 9

Grilled Julienned Chicken

With Shredded Lettuce, Tomatoes, Smoked Gouda, and topped with House Honey Mustard. 9

Oven Roasted Turkey Breast

With Swiss Cheese, Lettuce, Tomatoes, and Garlic Aioli on Multi Grain Bread. 8

Turkey BLT

Oven-roasted Turkey, Applewood Bacon, Lettuce, Tomatoes, Garlic aioli on multi grain bread. 9.5

Bistro Club

Virginia Ham, Oven Roasted Turkey, Applewood Bacon, Swiss and American Cheese, Lettuce, Tomatoes, and Garlic Aioli, on Marble Rye Bread. 9.5

Buffalo Chicken Wrap

Diced Grilled Chicken smothered in Frank's Hot Sauce, mixed with Fresh Greens, Cheese, Tomatoes, and Ranch Dressing then wrapped in a 14-inch Flour Tortilla Wrap. 9.5

Teriyaki Chicken Wrap

Diced Grilled Chicken with Fresh Greens, Peppers, Onions, Pineapple, and Crispy Noodles, smothered in Teriyaki Sauce. 9.5

Asian Chicken Wrap

Diced Grilled Chicken with Fresh Greens, Broccoli Slaw, Peppers, Cucumbers, and Sprouts, smothered in a Thai Peanut Sauce. 9.5

Tropical Chicken Salad

Tender All-White-Meat Salad filled with Pineapples, Apricots, Pecans, and Celery, topped with Alfalfa Sprouts and Onion, served on a Flaky Croissant Roll. 9

Italian Hoagie

Layers of Virginia Ham, Salami, Peperoni, and Cheese on a Hoagie Roll, topped with Garlic Mayo, Lettuce, Tomatoes, and Banana Peppers, served with Italian Dressing on the side. 9.5

Cuban

Ham, Turkey, and Roasted Pork with American and Swiss Cheese, topped with Mustard, Mayo, and Pickles. 9.5

All salad served with choice of two Dressings, Crackers or Fresh-baked Rolls

All Salads can be topped with Grilled Chicken or Shrimp. Platters feed six to eight.

All Sandwiches can be made into Platters. Please request price.

All Sandwiches served with your choice of Chips or Pasta salad, Cookies or Brownies, Fresh Fruit or Applesauce