



# Hot Lunch

All meals include choice of Garden or Caesar Salad, Fresh Baked Bread and a Dessert Tray of Cookies, Brownies and Dessert Bars

## Homemade Lasagna with Meat Sauce

Pasta layered with fresh Meat Sauce and a blend of five Cheeses. 10

## Homemade White Lasagna

Pasta layered with Chicken Breast, Spinach, Peppers, Onions, and fresh Asiago Alfredo Sauce. 10

## Baked Ziti

Fresh Pasta in our House Marinara or Meat Sauce then smothered with Mozzarella and baked to perfection. 9.5

## Fajita Casserole

Choice of seasoned Shredded Beef, Chicken, or Ground Beef, Lasagna style layered with your choice of Flour or Corn Tortillas, Peppers, Onions, and Shredded Cheese, served with Shredded Lettuce, Diced Tomatoes, Sour Cream, Salsa, Jalapenos, and Corn Tortilla Chips. 9.5

## Shepherd's Pie

Choice of savory Ground Beef or Gravy Beef smothered with Corn, Carrots, Peas, and Mashed Potatoes then topped with Shredded Cheese and baked to perfection. 9.5

## Jambalaya

Chicken, Sausage, and Shrimp in a Tomato Cajun Sauce, over White Rice. 11

## Chicken Parmesan

Lightly-breaded Chicken Breast over a bed of Linguini smothered in fresh Tomato Marinara and topped with a blend of Mozzarella, Asiago, and Parmesan Cheese. 10

## Chicken Marsala

Roasted Chicken Breast in a Marsala Mushroom Sauce, served with roasted New Potatoes. 10

## Chicken Florentine

Chicken Breast stuffed with a blend of Spinach, Artichoke, and Parmesan Cheese, topped with Alfredo Sauce, served with Wild Rice. 12

## Chicken Piccata

Pan seared Chicken Breast simmered in a refreshing White-Wine Lemon-Butter Caper Sauce, served with Rice Pilaf. 10

## Sweet-and-Sour Chicken

Tender coated pieces of Chicken Breast simmered in authentic Sweet-and-Sour Sauce with Pineapples and Sweet Peppers, served with Confetti Rice. 10

## Baked Lemon Pepper Chicken

Slow-baked bone-in or boneless Chicken Breast topped with fresh Cracked Pepper and Lemons, served with Red Skin Mashed Potatoes. 9.5

## Fresco's Bistro Chicken

Roasted Chicken Breast marinated and glazed in our House Honey Mustard, served with a Garden-Vegetable Rice Pilaf. 9.5

## Yankee Pot Roast

Like Mom used to make, Roast Beef, Carrots, Celery, Onions, and Potatoes cooked to perfection in savory Brown Gravy. 10.5

## Beef Tips

Seared Beef Tips in a Burgundy Mushroom Sauce, served with Roasted New Potatoes. 12

## Carne Asada

Slow-roasted marinated Beef, shredded and served with Black Beans and Yellow Rice. 10

## Havarti Dill Baked Salmon

Softly-marinated Salmon Filets baked to perfection, served with Savory Rice. 14

## Caribbean Mahi Mahi

Jerk-marinated Mahi, slow-baked and topped with a fresh Tropical Salsa, served over Yellow Rice. 13